# Proposed changes: 'Perinatal mental health’ profile

Published 01 July 2025

Contents

[Introduction 2](#_Toc201752682)

[User engagement webinars - overview and findings 2](#_Toc201752683)

[Indicators within the current 'PMH' profile 4](#_Toc201752684)

[Structure for the proposed 'Perinatal, children, and young people's mental health' profile 7](#_Toc201752685)

[Indicators in the proposed 'Perinatal, children, and young people's mental health' profile 8](#_Toc201752686)

## Introduction

In 2023, the Department of Health and Social Care (DHSC), including the Office for Health Improvement and Disparities (OHID), NHS Business Services Authority (NHSBSA), UK Health Security Agency (UKHSA), Office for National Statistics (ONS) and NHS England (NHSE) sought views on possible changes to their health and social care statistical products. A [response to this consultation](https://www.gov.uk/government/consultations/health-and-social-care-statistical-outputs/outcome/health-and-social-care-statistical-outputs-consultation-response) was published in November 2024.

For [DHSC mental health Fingertip profiles](https://fingertips.phe.org.uk/profile-group/mental-health) the response included the below proposals:

1. Combining and streamlining of ‘[Children and young people’s mental health and wellbeing](https://fingertips.phe.org.uk/profile-group/mental-health/profile/cypmh/data)’ ('CYP MHW') and ‘[Perinatal mental health](https://fingertips.phe.org.uk/profile-group/mental-health/profile/perinatal-mental-health/data)’ ('PMH') profiles
2. Combining and streamlining of ‘[Severe mental illness](https://fingertips.phe.org.uk/profile-group/mental-health/profile/severe-mental-illness/data)’ ('SMI') and ‘[Common mental disorders](https://fingertips.phe.org.uk/profile-group/mental-health/profile/common-mental-disorders)’ ('CMD') profiles
3. Removal of the ‘[Mental health and wellbeing JSNA](https://fingertips.phe.org.uk/profile-group/mental-health/profile/mh-jsna)' ('MHW JSNA') profile and for indicators and topic content to be covered by the remaining mental health profiles

As part of this process, OHID ran 5 user engagement webinars in May and June 2025 to seek further feedback in relation to mental health profiles content and publication format.

This document summarises proposals following this engagement on the changes to the 'PMH' profile and how the profile will be combined with the 'CYP MHW' profile. For proposals on other mental health profiles see specific profile's pages using links above. The webinars did not cover individual indicators or future proposals for Fingertips public health profiles platform overall.

If you have any comments about these proposed changes, please email MHIN@dhsc.gov.uk by 4 August 2025.

## User engagement webinars - overview and findings

The webinars outlined the following proposals for changes to the 'PMH' profile including the combining and streamlining of 'PMH' and 'CYP MHW' profiles:

* use of the 'MHW JSNA' profile's structure for the revised and combined mental health profiles
* addition of a topic for key indicators
* name for the revised and combined profile
* name for the topic on factors affecting mental health and options for sub-sectioning this topic
* proposals for presenting the factors affecting mental health as 2 separate topics (CYP MH and PMH)
* proposals for combining the services and access, and quality and outcomes topics

### Findings

There was largely a support to the proposals with:

* 100% of attendees responded positively to the proposal for a topic for key indicators
* 96% of attendees responded positively to the combining of the 'PMH' and 'CYP MHW' profiles
* 59% of attendees preferred the combined profile to be called 'Perinatal, children and young people's mental health' from the 4 options considered
* 54% of attendees preferred the factors topic to be called 'Factors affecting mental health'
* 96% of attendees responded positively to the proposal of sub-sectioning the factors affecting mental health topic into public mental health themes
* 96% of attendees responded positively to the proposal of presenting the factors affecting mental health as 2 separate topics, factors affecting perinatal mental health and factors affecting children and young people's mental health
* 96% of attendees responded positively to the proposal of combining the services and access, and quality and outcomes topics into services and outcomes topic

The 'PMH' profile currently displays 32 indicators for England, regions and local areas with Integrated Care Boards (ICBs) and county and Unitary Authorities (UAs) being the lowest local geographies. Please note not all indicators are available at all geographies in the 'PMH' profile.

This document summarises:

* indicators displayed in the current 'PMH' profile and proposed actions
* the structure for the proposed 'Perinatal, children, and young people's mental health' profile and how this compares to the current 'PMH' profile
* indicators to be included in the proposed 'Perinatal, children, and young people's mental health' profile

## Indicators within the current 'PMH' profile

Below tables 1 to 4 list indicators currently displayed in the 'PMH' profile by topic they are in.

Table 1. Overview of indicators displayed within the current 'PMH' profile, 'Demographics' topic

|  |  |
| --- | --- |
| Indicator name | Proposed action |
| General fertility rate | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic |
| Under 18s births rate / 1,000 | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic |
| Percentage of deliveries to women aged 35 years and above | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic |
| Early access to maternity care (<18) | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Early access to maternity care (45+) | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Early access to maternity care (Asian / Asian British inc Chinese) | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Early access to maternity care (Black / African / Caribbean / Black British) | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Early access to maternity care (Mixed / Multiple ethnic groups) | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Early access to maternity care (Other ethnic group) | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Percentage of deliveries to women from ethnic minority groups | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |

Table 2. Overview of indicators displayed within the current 'PMH' profile, 'Risk and related factors' topic

| Indicator name | Proposed action |
| --- | --- |
| Domestic abuse related incidents and crimes | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Mental Health: QOF prevalence (all ages) | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Depression: QOF prevalence - retired after 2022/23 | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Depression: QOF incidence - new diagnosis (18+ yrs) | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Under 18s conception rate / 1,000 | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Ectopic pregnancy admissions rate / 100,000 | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Smoking in early pregnancy | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Obesity In early pregnancy | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Stillbirth rate | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Multiple births | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Premature births (less than 37 weeks gestation) | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Breastfeeding prevalence at 6 to 8 weeks - current method | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Infant mortality rate | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Low birth weight of term babies | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Admissions of babies under 14 days | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Emergency admissions (< 1 year) | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Skin to skin contact after birth: % of mothers | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |
| Unplanned caesarean sections: % of deliveries | Present in 'Perinatal, children and young people's mental health' profile, 'Factors affecting perinatal mental health' topic  |

Table 3. Overview of indicators displayed within the current 'PMH' profile, 'Identification of need' topic

| Indicator name | Proposed action |
| --- | --- |
| Model-based estimated prevalence of perinatal mental health conditions | Present in 'Perinatal, children and young people's mental health' profile, 'Identification of need' topic |
| Drug misuse in early pregnancy | Present in 'Perinatal, children and young people's mental health' profile, 'Identification of need' topic |
| Drinking in early pregnancy | Present in 'Perinatal, children and young people's mental health' profile, 'Identification of need' topic |
| Complex social factors: % of pregnant women | Present in 'Perinatal, children and young people's mental health' profile, 'Identification of need' topic |
| Mental health detection at antenatal booking: % valid completion | Present in 'Perinatal, children and young people's mental health' profile, 'Identification of need' topic |

Table 4. Overview of indicators displayed within the current 'PMH' profile, 'Services and access' topic

|  |  |
| --- | --- |
| Indicator name | Proposed action |
| Early access to maternity care | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Access rate to specialist perinatal mental health services | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Proportion of New Birth Visits (NBVs) completed within 14 days | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Proportion of infants receiving a 6 to 8 week review | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |
| Proportion of children receiving a 12-month review | Present in 'Perinatal, children and young people's mental health' profile, 'Services and outcomes' topic |

## Structure for the proposed 'Perinatal, children, and young people's mental health' profile

The following topics are included in the current 'PMH' profile:

* Demographics
* Risk and related factors
* Identification of need
* Services and access

The following topics are to be included in the proposed 'Perinatal, children, and young people's mental health' profile:

* Key indicators
* Identification of need
* Factors affecting perinatal mental health
* Factors affecting children and young people's mental health
* Services and outcomes

## Indicators in the proposed 'Perinatal, children, and young people's mental health' profile

Below tables 5 to 9 list indicators for inclusion the proposed 'Perinatal, children and young people's mental health' profile by topic they will be displayed in. As 'Key indicators' is a summary of other topics within the proposed 'Perinatal, children and young people's mental health' profile, for clarity it is presented last (Table 9).

Table 5. Overview of indicators displayed within the proposed 'Perinatal, children, and young people's mental health' profile, 'Identification of need' topic

|  |  |
| --- | --- |
| Indicator name | Current profile  |
| Model-based estimated prevalence of perinatal mental health conditions | 'PMH' profile  |
| Drug misuse in early pregnancy | 'PMH' profile  |
| Drinking in early pregnancy | 'PMH' profile  |
| Complex social factors: % of pregnant women | 'PMH' profile  |
| Mental health detection at antenatal booking: % valid completion | 'PMH' profile  |
| Estimated number of children and young people with mental disorders – aged 5 to 17 | 'CYP MHW' profile |
| Percentage of looked after children whose emotional wellbeing is a cause for concern | 'CYP MHW' profile |
| School pupils with social, emotional and mental health needs: % of school pupils with social, emotional and mental health needs | 'CYP MHW' profile |
| Hospital admissions as a result of self-harm (10-24 years) | 'CYP MHW' profile  |

Table 6. Overview of indicators displayed within the proposed 'Perinatal, children, and young people's mental health' profile, 'Factors affecting perinatal mental health' topic

|  |  |
| --- | --- |
| Indicator name | Current profile  |
| General fertility rate | 'PMH' profile  |
| Percentage of deliveries to women aged 35 years and above | 'PMH' profile  |
| Percentage of deliveries to women from ethnic minority groups | 'PMH' profile  |
| Under 18s conception rate / 1,000 |  |
| Under 18s births rate / 1,000 | 'PMH' profile  |
| Ectopic pregnancy admissions rate / 100,000 | 'PMH' profile  |
| Smoking in early pregnancy | 'PMH' profile  |
| Obesity In early pregnancy | 'PMH' profile  |
| Stillbirth rate | 'PMH' profile  |
| Multiple births | 'PMH' profile  |
| Premature births (less than 37 weeks gestation) | 'PMH' profile  |
| Breastfeeding prevalence at 6 to 8 weeks - current method | 'PMH' profile  |
| Infant mortality rate | 'PMH' profile  |
| Low birth weight of term babies | 'PMH' profile  |
| Admissions of babies under 14 days | 'PMH' profile  |
| Emergency admissions (< 1 year) | 'PMH' profile  |
| Skin to skin contact after birth: % of mothers | 'PMH' profile  |
| Unplanned caesarean sections: % of deliveries | 'PMH' profile  |
| Domestic abuse related incidents and crimes | 'PMH' profile  |
| Mental Health: QOF prevalence (all ages) | 'PMH' profile  |
| Depression: QOF prevalence - retired after 2022/23 | 'PMH' profile  |
| Depression: QOF incidence - new diagnosis (18+ yrs) | 'PMH' profile  |
| Deprivation score (IMD 2019) | 'MHW JSNA' profile |
| Access to Healthy Assets & Hazards Index | 'MHW JSNA' profile |
| Affordability of home ownership | 'MHW JSNA' profile |
| % who have a positive experience of their GP practice | 'MHW JSNA' profile |
| % people aged 16+ who agree that people in their neighbourhood can be trusted | 'MHW JSNA' profile |
| Air pollution: fine particulate matter | 'MHW JSNA' profile |
| % people aged 16+ who agree with the statement I feel like I belong to this neighbourhood | 'MHW JSNA' profile |
| Loneliness: Percentage of adults who feel lonely often or always | 'MHW JSNA' profile |

Table 7. Overview of indicators displayed within the proposed 'Perinatal, children, and young people's mental health' profile, 'Factors affecting children and young people's mental health' topic

| Indicator name | Current profile  |
| --- | --- |
| Children in need: rate per 10,000 children aged under 18 years | 'CYP MHW' profile  |
| Children in care | 'CYP MHW' profile  |
| Children on child protection plans: Rate per 10,000 children <18 | 'CYP MHW' profile  |
| School readiness: percentage of children achieving a good level of development at the end of Reception | 'CYP MHW' profile  |
| Unaccompanied Asylum Seeking Children looked after: count | 'CYP MHW' profile  |
| Free school meals: % eligible | 'CYP MHW' profile  |
| First time entrants to the youth justice system | 'CYP MHW' profile  |
| Pupils with special educational needs (SEN): % of school pupils with special educational needs | 'CYP MHW' profile  |
| Pupils with Learning Disability: % of school aged pupils | 'CYP MHW' profile  |
| Children with learning difficulties known to schools | 'Learning disability' profile |
| Primary school fixed period exclusions: rate per 100 pupils | 'CYP MHW' profile  |
| Secondary school fixed period exclusions: rate per 100 pupils | 'CYP MHW' profile  |
| 16 to 17 year olds not in education, employment or training (NEET) or whose activity is not known | 'CYP MHW' profile  |
| Children in absolute low income families (under 16s) | 'MHW JSNA' profile |
| Homelessness - households with dependent children owed a duty under the Homelessness Reduction Act | 'Wider determinants of health' profile |
| Persistent absentees - Primary school | 'Child and maternal health' profile |
| Persistent absentees - Secondary school | 'Child and maternal health' profile |
| Child development: percentage of children achieving a good level of development at 2-2½ years | 'MHW JSNA' profile |
| Average Attainment 8 score | 'MHW JSNA' profile |
| Average Attainment 8 score of children in care | 'MHW JSNA' profile |
| Year 6: Prevalence of overweight (including obesity) | 'MHW JSNA' profile |
| Reception: Prevalence of overweight (including obesity) | 'MHW JSNA' profile |
| Percentage of physically active children and young people | 'Obesity, physical activity and nutrition' profile |
| Teenage mothers | 'Child and maternal health' profile |
| Domestic abuse-related incidents and crimes | 'MHW JSNA' profile |
| Violent crime - violence offences per 1,000 population | 'MHW JSNA' profile |
| Model-based estimated prevalence of perinatal mental health conditions | 'PMH' profile |
| Deprivation score (IMD 2019) | 'MHW JSNA' profile |
| Access to Healthy Assets & Hazards Index | 'MHW JSNA' profile |
| Affordability of home ownership | 'MHW JSNA' profile |
| % people aged 16+ who agree that people in their neighbourhood can be trusted | 'MHW JSNA' profile |
| Air pollution: fine particulate matter (new method - concentrations of total PM2.5) | 'MHW JSNA' profile |
| % people aged 16+ who agree with the statement I feel like I belong to this neighbourhood | 'MHW JSNA' profile |

Table 8. Overview of indicators displayed within the proposed 'Perinatal, children, and young people's mental health' profile, 'Services and outcomes' topic

|  |  |
| --- | --- |
| Indicator name | Current profile  |
| Early access to maternity care | 'PMH' profile  |
| Access rate to specialist perinatal mental health services | 'PMH' profile  |
| Proportion of New Birth Visits (NBVs) completed within 14 days | 'PMH' profile  |
| Proportion of infants receiving a 6 to 8 week review | 'PMH' profile  |
| Proportion of children receiving a 12-month review | 'PMH' profile  |
| New referrals to secondary mental health services, per 100,000 (Under 18s) | 'CYP MHW' profile  |
| Attended contacts with community and outpatient mental health services, per 100,000 | 'CYP MHW' profile  |
| Inpatient stays in secondary mental health services, per 100,000 (Under 18s) | 'CYP MHW' profile  |
| Admission episodes for alcohol-specific conditions (Under 18s) | 'Alcohol' profile |
| Hospital admissions due to substance misuse (15-24 years) | 'Child and maternal health' profile |
| Proportion of children who received a 2-2½ year review | 'Child and maternal health' profile |

Table 9. Overview of indicators displayed within the proposed 'Perinatal, children, and young people's mental health' profile, 'Key indicators' topic\*

| Indicator name | Current profile  |
| --- | --- |
| Model-based estimated prevalence of perinatal mental health conditions | 'PMH' profile  |
| Estimated number of children and young people with mental disorders – aged 5 to 17 | 'CYP MHW' profile |
| School pupils with social, emotional and mental health needs: % of school pupils with social, emotional and mental health needs | 'CYP MHW' profile |
| Percentage of looked after children whose emotional wellbeing is a cause for concern | 'CYP MHW' profile |
| Hospital admissions as a result of self-harm (10-24 years) | 'CYP MHW' profile  |
| Percentage of deliveries to women aged 35 years and above | 'PMH' profile  |
| Percentage of deliveries to women from ethnic minority groups | 'PMH' profile  |
| Access rate to specialist perinatal mental health services | 'PMH' profile  |
| Early access to maternity care | 'PMH' profile  |
| Drug misuse in early pregnancy | 'PMH' profile  |
| Drinking in early pregnancy | 'PMH' profile  |
| Attended contacts with community and outpatient mental health services, per 100,000 | 'CYP MHW' profile  |
| New referrals to secondary mental health services, per 100,000 | 'CYP MHW' profile  |
| Inpatient stays in secondary mental health services, per 100,000 | 'CYP MHW' profile  |

\* Please note: 'Key indicators' topic will be presented as first topic in the proposed 'Perinatal, children and young people's mental health' profile

We propose to explore the development of this profile further should data availability and quality allow.